

MOVE2STAND travels to schools throughout Tennessee and surrounding states. If you are interested in scheduling a youth summit or leadership training, please contact us today!



www.stars-m2s.org



stars

innovative. proven. compassionate.

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THE MISSION OF STARS

To support young people in overcoming social and emotional barriers through creative and innovative programs centering on prevention, intervention, treatment, training and compassion.

STARS does not discriminate on the basis of race, color, gender, culture, religion or creed, socioeconomic status, language, age, sexual orientation, or national origin. No one shall be excluded from the participation in, be denied the benefits of, or be subject to discrimination under any of STARS' programs or activities. STARS is an Equal Opportunity Employer.

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MOVE2STAND (M2S) is an interactive training program of **STARS** that challenges students to examine their attitudes toward bullying. This one-day youth summit creates empathy and helps young leaders understand how bullying impacts school climate and communities.

"I loved how it was very active and I learned that I'm not alone."

-high school junior



TRAINING OF TRAINERS MODEL

In addition to the one-day youth summit, M2S also provides a leadership training geared toward school staff, administrators, coaches and school counselors. M2S provides participants with the resources and knowledge required to implement best practices in bullying prevention to positively impact their school climate.

TAKE THE **M2S** CHALLENGE!

BECOME A **LEADER**.

- L** LOOK AROUND AND NOTICE
- E** EMPATHIZE, FEEL AND LISTEN WITH YOUR HEART
- A** ACT ON WHAT YOU SEE AND FEEL
- D** DARE TO BE THE CHANGE YOU WANT TO SEE
- E** ENCOURAGE OTHERS TO DO THE SAME
- R** REMEMBER YOU CAN MAKE THE DIFFERENCE

*"We would highly recommend **MOVE2STAND**. The main focus was bullying and harassment, but the real power was in empowering students to become leaders and transforming thoughts into actions."*

-high school administrator

"I liked the small groups because I was grouped with people that I normally wouldn't talk to."

-high school sophomore

"I gained confidence."

-high school freshman