



### FOR MORE INFORMATION OR TO SCHEDULE A TRAINING/YOUTH SUMMIT Call: (615) 983-6802

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#### THE MISSION OF STARS

To help young people pursue their unlimited potential.

STARS does not discriminate on the basis of race, color, religion or creed, sex (including pregnancy, gender, gender identity, and sexual orientation), national origin, age, socioeconomic status, language, disability or genetic information. No one shall be excluded from the participation in, be denied the benefits of, or be subject to discrimination under any of STARS' programs, services, trainings or activities.

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**MOVE2STAND** (M2S), an interactive youth experiential learning program of **STARS**, challenges students to examine their attitudes toward bullying and harassment. Through selfreflection and group activities, participants will better understand themselves, their peers, and their impact on their school's climate and culture.



### OUR SERVICES: FULL-DAY YOUTH SUMMITS

The full-day youth summit fosters an empathetic culture and helps young leaders understand how bullying impacts school climate and communities.

### ASSEMBLY PRESENTATIONS

The hour-long assemblies, led by an M2S trainer, encourage participants to examine their attitudes toward bullying and challenge them to change their school climate.

# SCHOOL STAFF AND PROFESSIONAL DEVELOPMENT TRAINING

M2S provides school staff, administrators, coaches and counselors with the resources and knowledge required to implement best practices in bullying prevention to positively impact their school climate.

STARS provided trainings for **10,150** youth and **6,950** adults in **42** cities and **six** states across the U.S.

More than 5,600 YOUTH served annually

## 1 IN 5 U.S. STUDENTS

reports being bullied

**YOU** can lower these stats by not being a bystander

**76%** of students reported that, after participating in M2S, they believe they have the ability to stop bullying in their school;

**79%** of students reported that they learned new tools to help stop bullying; and

**80%** of students reported that M2S changed the way they think about bullying and harassment.

# TAKE THE M2S CHALLENGE!

# BECOME A **LEADER.**

look around and notice

- Empathize, feel and listen with your heart
- Act on what you see and feel
- Dare to be the change you want to see
- 🕒 ncourage others to do the same
- Remember you can make the difference

## "I let my guard down and realized how many people are just like me."

-M2S participant